



2025

IOSH Level 3 Certificate in Occupational Health and Safety

Get Certified, Get TechIOSH



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01

Course Overview



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What is the IOSH Level 3 Certificate?

The IOSH Level 3 Certificate in Occupational Safety and Health Principles and Practice is a professional qualification. It gives learners a strong grasp of health and safety management systems, risk management, incident investigation, and performance improvement. IOSH (Institution of Occupational Safety and Health) awards this course. And people recognize it globally. It meets global standards and offers many career opportunities, especially in the GCC.



IOSH Level 3 Certificate in Occupational Health and Safety



Globally recognized qualification



Aimed at enhancing expertise in workplace safety, compliance, and risk management



Provides in- depth knowledge of OHS management systems, legal responsibilities, risk assessments, and industry best practices



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»»» 02

Ideal Candidates



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Target Audience

Suitable for

Health and Safety
Officers

01

Supervisors and
Managers responsible
for workplace safety

02

Team Leaders and
Coordinators overseeing
operational safety

03

Aspiring OHS
professionals

04

Anyone accountable for
ensuring a safe working
environment

05





Who Should Take the IOSH Level 3 Certificate?

- Work in or are transitioning into OSH roles.
- Team leaders or supervisors are responsible for workplace safety.
- Who wants to qualify for Tech IOSH membership?
- Plan to pursue higher-level certifications (e.g. IOSH Level 6 or NEBOSH Diploma).
- Need a recognized qualification for career growth.
- It is useful for industries such as construction, oil & gas, manufacturing, logistics, healthcare, and public services.



»»» **03**

Key Course Outcomes



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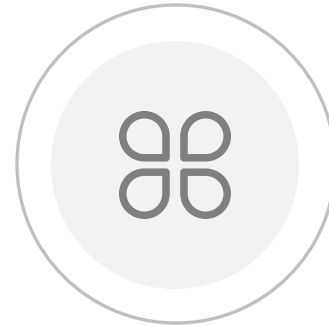
Topics Covered



OSH Principles &
Management
Systems



Risk
Management



Incident
Investigation



Safety Culture
Improvement



»»» **04**

Course Units



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Modernized Assessment Methods



Aligns with evolving industry trends and employer expectations



Designed to meet current and future demands of occupational health and safety





1

Unit L3C01: Fundamentals of OSH principles and management systems

- Understand the purpose and scope of occupational safety and health.
- Learn about national and international legal frameworks.
- Explore the responsibilities of employers, employees, and regulators.
- Understand the components of an effective OSH management system.





2

Unit L3C02:- Principles and application of OSH risk management

- Identify hazards across different industries and environments.
- Conduct structured risk assessments and develop control measures.
- Apply the hierarchy of controls and understand the cost-benefit analysis.
- Link risk management to organizational performance.





3

Unit L3C03 :- Principles and application of OSH incident management

- Learn how to respond to workplace incidents and near misses.
- Conduct systematic investigations to determine root causes.
- Report findings and recommend preventive action plans.
- Understand the legal and reputational consequences of poor reporting.





4

Unit L3C04 – Improving OSH performance and culture

- Understand how to drive continuous improvement in safety systems.
- Learn how to check and audit OSH performance metrics.
- Develop strategies for enhancing safety culture and leadership.
- Apply communication, consultation, and engagement techniques effectively.

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Course Duration



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Estimated Duration
– 80 Hours of training



Flexible Training Modes

Training Options



Classroom
Training
Interactive
face- to- face
sessions with
experienced
trainers



Online Live
Training
Instructor- led
virtual sessions
for remote
learners



E- learning Self-
paced online
modules with
comprehensive
study materials





Learning Approach



Covers the full IOSH competency framework



Develops balance between technical OSH knowledge, behavioral skills, and core business competencies

Evaluation Methods

Paper 1

Multiple Choice
Knowledge Exam
(80 questions)

Exam Time:- 2 hours,
Pass Mark:- 70%

Paper 2

Scenario Based

- › Assessment Workplace Inspection,
- › Risk Assessment,
- › Incident Investigation,
- › Toolbox Talk

Exam Time - 2 hours
Pass Mark: 50%

How is the IOSH Level 3 Certificate Assessed?

- 01** Multiple- Choice Exam (80 questions, Pass Mark 70%)
- 02** Scenario- Based Assessment (Practical workplace tasks, Pass Mark 50%)



»»» **06**

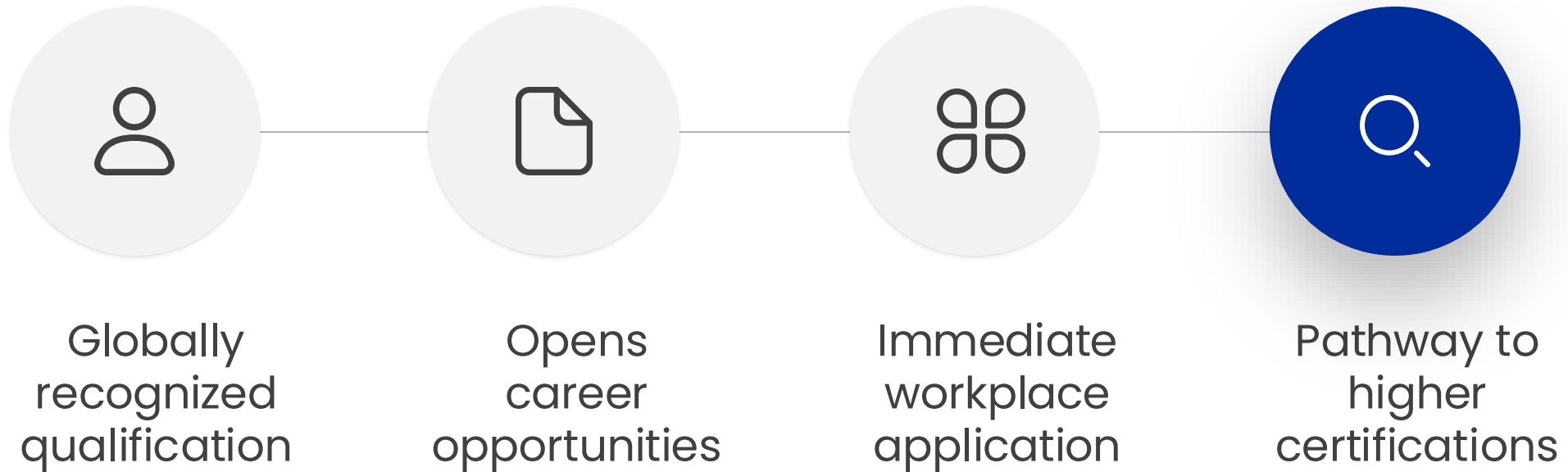
Course Benefits



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Course Advantages



Certification Benefits

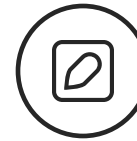
Qualification Advantages



Globally
recognized
qualification



Regulated by
Ofqual



Enhances **career**
prospects
worldwide



Access to exclusive
IOSH student
membership benefits



Fulfills academic
requirements for
TechIOSH
membership



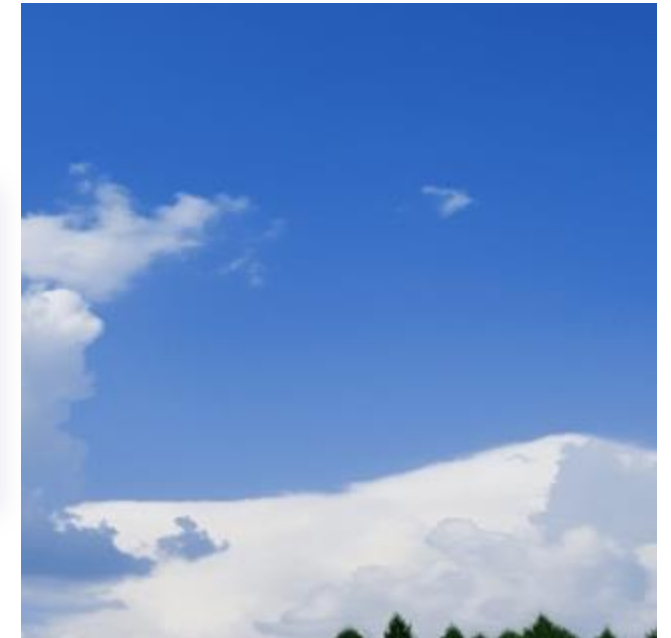
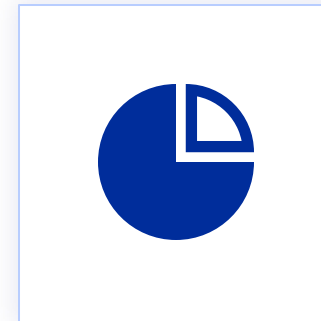
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IOSH Brand



Gain trust and credibility with an industry- leading qualification from a globally recognized body





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Thanks

Azmath Ullah Baig – CEO

